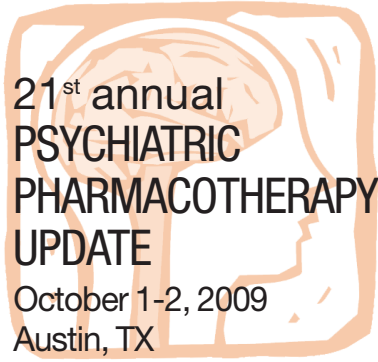


An invitation to Psychiatric and Neurologic
Pharmacists, Physicians and Nurses:



The University of Texas at Austin
Pharmacy Continuing Education
1 University Station A1904
Austin, TX 78712-0123

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Additional CE Opportunities



September 11, 2009
2009 IV Update



September 12-13, 2009
57th Annual Pharmacy Practice Seminar



February 10-17, 2010
Hawaii Travel CE Seminar



Diabetes Disease State Management Certificate Program
Planning in progress - check web for finalized fall date.

www.utexas.edu/pharmacy/ce for more information

The University of Texas at Austin College of Pharmacy
Psychiatric Pharmacy Program and Pharmacy Continuing Education
present the



21st annual PSYCHIATRIC PHARMACOTHERAPY UPDATE

A Multi-disciplinary Meeting for Psychiatric and Neurologic Pharmacists, Physicians and Nurses

October 1-2, 2009
Austin Airport Marriott South
Austin, Texas

Please refer to our website for a complete listing of CE opportunities: www.utexas.edu/pharmacy/ce

ABOUT THE CONFERENCE

The University of Texas College of Pharmacy's Psychiatric Pharmacy Program, Pharmacy Continuing Education, and the continuing education programs for medical and nursing education at the University of Texas Health Science Center at San Antonio are proud to be hosting this program for the 21st year. This is a regional program involving the College of Psychiatric and Neurologic Pharmacists (CPNP), an organization dedicated to the promotion of rational pharmacotherapy and care for patients with CNS disorders.

The program provides attendees an opportunity to interact with clinical experts from nationally recognized medical teaching and research centers, and to learn recent advances in practice and treatment options. This year's conference includes live lectures covering an exciting array of subject matter in the pharmacological management of neuropsychiatric disorders. Time is included for practitioners to interact with and address questions to guest faculty and experts for individual learning.

TARGET AUDIENCE

This conference is an excellent opportunity for pharmacists, physicians, and nurses who specialize in or have an interest in neuropsychiatric disorders to enhance their awareness and knowledge of the most recent advances impacting contemporary practice.

PROGRAM GOAL

To provide pharmacists, physicians and nurses with timely and clinically useful information by applying neuroscience principles and evidence based approaches to the management of selected psychiatric and neurologic disorders.

SPECIAL ASSISTANCE

It is the policy of The University of Texas to comply with the Americans with Disabilities Act. If special arrangements are necessary for an individual with a disability to attend this program, please contact Vickie Westlund at 512.471.6213 at least ten working days in advance of conference.

REGISTRATION

Early registration through 9/08/09 for pharmacists, physicians and nurses

- 2-day: **\$295**
- 1-day: **\$195**

Early registration through 9/08/09 for Post-doc/residents, graduate students, UT preceptors

- 2-day: **\$265**
- 1-day: **\$165**

Please see registration form for late registration rates.

Registration includes breakfast, lunch and breaks on Thursday and Friday, all conference materials, and CE credit.

A refund of \$125 will be made if Pharmacy Continuing Education receives notification by September 24 of your inability to attend the conference.

LOCATION/LODGING

Marriott Austin South Airport
4415 South IH-35
Austin, TX 78744
512.441.7900

A block of rooms has been reserved at the Marriott Austin South Airport (\$119/single or double occupancy) for arrival on Wednesday, September 30 and departure on Friday, October 2. **The rates will be available until 09/08/09, based on availability.** Please reference UT College of Pharmacy 21st Psychiatric Pharmacotherapy Update when making your reservation to obtain the special rate.

REGISTRATION FORM

21ST ANNUAL PSYCHIATRIC PHARMACOTHERAPY UPDATE

October 1-2, 2009

(Note: The address you give below is the address where your statement of continuing education credit will be mailed following the seminar.)

NAME _____ E-MAIL _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

TELEPHONE (W) _____ (H) _____

\$295 2-day Registration Fee Enclosed (**\$305** after 09/08/09) **R.Ph. / Pharm.D. / M.D. / R.N. / Other (Circle one)** \$ _____

\$195 1-day Registration Fee Enclosed (**\$195** after 09/08/09) **R.Ph. / Pharm.D. / M.D. / R.N. / Other (Circle one)** \$ _____

\$265 2-day Registration Fee Enclosed (**\$275** after 09/08/09) **Post-doc/Resident / Graduate Student / UT Pharmacy Preceptor (Circle one)** \$ _____

\$165 1-day Registration Fee Enclosed (**\$170** after 09/08/09) **Post-doc/Resident / Graduate Student / UT Pharmacy Preceptor (Circle one)** \$ _____

TOTAL _____

Charge registration fee to my: Visa Master Card Discover American Express

NAME AS IT APPEARS ON CARD: _____

ACCOUNT NO. _____ EXPIRATION DATE _____

CVV2 SECURITY NO. (3 digit number in the signature bar on the back of your credit card) _____

Registration Questions: Contact Vickie Westlund at 512.471.6213

Make check payable to:
THE UNIVERSITY OF TEXAS

Mail registration form and check to:
The University of Texas at Austin
Pharmacy Continuing Education
1 University Station A1904
Austin, TX 78712-0123

OR Fax credit card information to:
512.475.9739

Telephone: **512.471.6213**

21ST ANNUAL PSYCHIATRIC PHARMACOTHERAPY UPDATE AGENDA

Thursday, October 1, 2009

7:15 - 8:00 AM Registration & Continental Breakfast

8:00 - 8:15 Welcome
Stephen R. Saklad, Pharm.D., BCPP
Conference Scientific Chair
Neil B. Walsdorf Fellow and Clinical Associate Professor
Pharmacotherapy Division
The University of Texas at Austin College of Pharmacy
Clinical Pharmacist
San Antonio State Hospital

Kristin W. Wilson, R.Ph.
Director, Pharmacy Continuing Education
The University of Texas at Austin College of Pharmacy

8:15 - 9:30 **Psychotropic Update**
Stephen R. Saklad, Pharm.D., BCPP

- Describe the pharmacology, adverse events, drug interactions, therapeutic uses and dosing of selected psychiatric drugs recently marketed as well as drugs approaching the market.

9:30 - 10:45 **Critical Psychiatric Rating Scales**
Troy A. Moore, Pharm.D., M.S. Pharm., BCPP
Assistant Professor, Department of Psychiatry
Division of Schizophrenia and Related Disorders
The University of Texas Health Science Center at San Antonio

- Describe the items and anchors for the Positive Symptom Rating Scale (PSRS), the Brief Negative Symptom Assessment (BNSA), the Quick Inventory of Depressive Symptomatology – Self Report (QIDS-SR), and the Brief Bipolar Disorder Symptom Scale (BDSS)
- Evaluate a patient using the PSRS, BNSA, QIDS-SR, and/or the BDSS.
- Explain the importance of quantitative rating scales in clinical practice.

10:45 - 11:00 Break

11:00 - 11:50 **Adult ADHD: Beyond Children**
Craig Surman, M.D.
Scientific Coordinator for Adult ADHD Research Program
Massachusetts General Hospital
Instructor, Psychiatry
Harvard Medical School

- Compare and contrast the clinical presentation of attention deficit hyperactivity disorder (ADHD) in children and adults.
- Apply evidence-based strategies for screening, diagnosing and monitoring of ADHD in adult patients.
- Evaluate the efficacy and outcomes of traditional and new drug therapies for the management of adult patients with ADHD.

11:50 - 12:40 PM Lunch

12:40 - 1:30 **Pharmacologic Treatment of Agitation**
Steven C. Stoner, Pharm.D., BCPP
Clinical Professor and Chair
Division of Pharmacy Practice and Administration
UMKC School of Pharmacy

- Cite available evidence for the treatment of acute aggression and agitation.
- Discuss critically the pathophysiology of agitation.
- Review pharmacotherapeutic treatment options for agitation.

1:30 - 2:45 **Neurobiology Update**
Pedro L. Delgado, M.D.
Professor and Distinguished Chair, Department of Psychiatry
Associate Dean for Faculty Development and Professionalism
School of Medicine
The University of Texas Health Science Center at San Antonio

- Cite current therapies regarding the biological basis of mental disorders.
- Cite methods that genetic and environmental influences interact to increase the risk of mental disorders.
- State the implications of genetic findings to future treatment of mental disorders.

2:45 - 3:00 Break

3:00 - 4:15 **Fibromyalgia Syndrome: Diagnosis, Pathogenesis, Management**
I. Jon Russell, M.D., Ph.D.
Associate Professor of Medicine
Director, University Clinical Research Center
The University of Texas Health Science Center at San Antonio

- Describe the classification of soft tissue pain.
- Identify characteristics of fibromyalgia syndrome
- Explain the central neurochemical pathogenesis of fibromyalgia.
- Describe the multidimensional management of fibromyalgia.

4:15 - 5:30 **Sleep and Anxiety**
Larry Ereshefsky, Pharm.D., FCCP, BCPP
Executive Vice President and Chief Science Officer
California Clinical Trials

- State the clinical rationale for treating sleep and anxiety disorders with low dose atypical antipsychotic agents.

5:30 PM Informal Networking in Hotel Lounge

Friday, October 2, 2009

7:30 - 8:00 AM Continental Breakfast

8:00 - 8:05 Opening Remarks
Stephen R. Saklad, Pharm.D., BCPP
Kristin W. Wilson, R.Ph.

8:05 - 8:55 **Drugs of Choice for Different Types of Epilepsy: When 1st Line Drugs Fail**
Stephen R. Saklad, Pharm.D., BCPP

- Review American Academy of Neurology Guidelines for therapeutic treatment of various epilepsies.
- Cite the findings of the most current studies since the publication of the guidelines.

8:55 - 10:10 **Landmark Trials in Cardiovascular Therapy**
Robert L. Talbert, Pharm.D., FCCP, BCPS
SmithKline Professor of Pharmacy
Pharmacotherapy Division
The University of Texas at Austin College of Pharmacy

- Describe recent landmark trials in hypertension and the implication for clinical practice.
- Describe recent landmark trials in dyslipidemia and the implications for clinical practice.
- Describe recent landmark trials in stroke prevention and the implications for clinical practice.

10:10 - 10:25 Break

10:25 - 11:40 **Treating Depression and Anxiety in Women in the Perinatal Period**
Lucy Puryear M.D.
Practicing Psychiatrist
Expert Witness, Andrea Yates Trial
Houston, Texas

- Given a clinical situation, devise a rational pharmacotherapeutic treatment plan for a woman with postpartum depression.
- Describe the evidence for utilizing various classes of antidepressants in the perinatal period.

11:40 - 12:55 PM **Pharmacologic Treatment of PTSD**
Sheila Botts, Pharm.D., BCPP
Assistant Professor of Pharmacy Practice and Science
Department
University of Kentucky College of Pharmacy

- Describe the evidence supporting the use of antidepressants, antipsychotics, anticonvulsants, and anti-adrenergic agents in the treatment of PTSD.
- Develop a plan for pharmacotherapeutic treatment of a specific patient with PTSD including monitoring for both therapeutic and possible adverse outcomes.
- Design a treatment plan to improve sleep in patients with PTSD.

12:55 PM Conference Evaluation & Box Lunch Pick-up
Program Concludes

CONFERENCE COMMITTEE

Jennifer Bosworth, Pharm.D.
Coordinator
Pharmacy Continuing Education
UT College of Pharmacy

Angela Hughes Campbell, Pharm.D., M.S.
Clinical Psychiatric Pharmacist
Austin State Hospital

Brenda Johnson, M.Ed.
Director, Continuing Medical Education
UT Health Science Center San Antonio

Rania Kattura, Pharm.D.
Clinical Pharmacist
Carl R. Darnall Army Medical Center

Cynthia Mascarenas, Pharm.D., M.Sc., BCPP
Clinical Pharmacy Specialist,
Psychiatry
Audie Murphy Veterans' Health Care System
Clinical Assistant Professor
Pharmacotherapy
UT Health Science Center San Antonio

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Assistant Professor, Department of Psychiatry
Division of Schizophrenia/Related Disorders
UT Health Science Center San Antonio

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Director of Pharmacy
San Antonio State Hospital

Stephen Saklad, Pharm.D., BCPP
Conference Scientific Chair
Clinical Associate Professor
Pharmacotherapy Division
University of Texas at Austin
Clinical Pharmacist
San Antonio State Hospital

Tawny Smith, Pharm.D., BCPP
Director of Pharmacy
Seton Shoal Creek

Rosalie Tierney-Gumaer, MSN, MPH, R.N., CPHQ
Director, Nursing Continuing Education
UT Health Science Center San Antonio

Kristin W. Wilson, R.Ph.
Director
Pharmacy Continuing Education
UT College of Pharmacy

CONFERENCE STAFF

Vickie Westlund
Pharmacy Continuing Education
UT College of Pharmacy

CONFERENCE SUPPORT

We wish to thank and acknowledge the following companies for their financial support of this conference through unrestricted educational grants:

- AstraZeneca Pharmaceuticals LLP
- Eli Lilly & Co.
- Shire

CONTINUING EDUCATION CREDIT



Pharmacists

The University of Texas College of Pharmacy is accredited by the American Council on Pharmacy Education as a provider for continuing pharmacy education. This program is accredited for a maximum of 1.5 CEUs (15 contact hours) of continuing education credit. All pharmacy participants must attend the accredited session(s), complete a Record of Attendance/Program Evaluation/Assessment Form in order to receive continuing education credit. With successful completion of the program, statements of credit will be mailed directly to participants by the University of Texas within 6-8 weeks of the program.

The ACPE Universal Program Numbers are listed in order of their offering during the seminar:

- | | |
|------------------------------------|------------------------------------|
| 067-000-09-060-L01 – P (0.15 CEUs) | 067-000-09-066-L01 – P (0.15 CEU) |
| 067-000-09-061-L04 – P (0.15 CEU) | 067-000-09-067-L01 – P (0.1 CEUs) |
| 067-000-09-062-L01 – P (0.1 CEU) | 067-000-09-068-L04 – P (0.15 CEU) |
| 067-000-09-063-L01 – P (0.1 CEU) | 067-000-09-069-L01 – P (0.15 CEUs) |
| 067-000-09-064-L01 – P (0.15 CEUs) | 067-000-09-070-L01 – P (0.15 CEUs) |
| 067-000-09-065-L01 – P (0.15 CEUs) | |

Physicians

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The University of Texas Health Science Center at San Antonio School of Medicine (UTHSCSA) and The University of Texas College of Pharmacy. UTHSCSA is accredited by the ACCME to provide continuing medical education for physicians.

The University of Texas Health Science Center at San Antonio School of Medicine designates this educational activity for a maximum of 11.75 AMA PRA Category 1 Credit(s).™

Nurses



The University of Texas Health Science Center at San Antonio, School of Nursing is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This education program offers up to 12.5 nursing pharmacology contact hours.

AT YOUR LEISURE

There are no planned activities in conjunction with the conference on Thursday evening, but rather an informal networking gathering in the hotel lounge will be encouraged. In your free time, you may also wish to visit some of Austin's attractions. We have provided the below website for your convenience.

Restaurants and other activities: <http://austin.citysearch.com>

Town Lake & Zilker Park Hike and Bike Trails:

<http://www.ci.austin.tx.us/parks/trails.htm>

NOTICE CONCERNING YOUR INFORMATION

The Texas Public Information Act, with a few exceptions, gives you the right to be informed about the information that The University of Texas at Austin collects about you. It also gives you the right to request a copy of that information and to have the university correct any of that information that is wrong. You may request to receive and review any of that information, or request corrections to it by contacting the university's Public Information Officer, Office of Financial Affairs, P.O. Box 8179, Austin, TX 78713. (email: cfo@www.utexas.edu)

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Designated Examination sites:

Visit www.bpsweb.org for a complete listing of test sites and procedures for requesting an alternate site.

BPS Contact Information:

Board of Pharmaceutical Specialties

2215 Constitution Avenue, NW

Washington, DC 20037-2985

202/429-7591 (phone)

202/429-6304 (fax)

bps@aphanet.org (e-mail)

www.bpsweb.org (website)