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ABOUT THE CONFERENCE

22nd Annual Psychiatric Pharmacotherapy Update – A Knowledge Based Offering
October 7-8, 2011
Marriott Austin South
Austin, TX

The University of Texas College of Pharmacy's Psychiatric Pharmacy Program, Pharmacy Continuing Education, and the continuing education programs for medical and nursing education at the University of Texas Health Science Center at San Antonio are proud to be hosting this program for the 22nd year. This is a regional program involving the College of Psychiatric and Neurologic Pharmacists (CPNP), an organization dedicated to the promotion of rational pharmacotherapy and care for patients with CNS disorders.

The program provides attendees an opportunity to interact with clinical experts from nationally recognized medical teaching and research centers, and to learn recent advances in practice and treatment options. This year's conference includes live lectures covering an exciting array of subject matter in the pharmacological management of neuropsychiatric disorders. Time is included for practitioners to interact with and address questions to guest faculty and experts for individual learning.

WHO SHOULD REGISTER?

This conference is an excellent opportunity for pharmacists, physicians, and nurses who specialize in or have an interest in neuropsychiatric disorders to enhance their awareness and knowledge of the most recent advances impacting contemporary practice.

PROGRAM GOAL

To provide pharmacists, physicians, and nurses with timely and clinically useful information by applying neuroscience principles and evidence based approaches to the management of selected psychiatric and neurologic disorders.

AGENDA AND LEARNING OBJECTIVES

Program Agenda

Thursday, October 7, 2010

7:00-7:30 AM Registration & Continental Breakfast

- 7:30-7:45 Welcome and Announcements
Stephen R. Saklad, Pharm.D., BCPP
Conference Scientific Chair
Clinical Associate Professor
The University of Texas at Austin College of Pharmacy
Department of Psychiatry, The University of Texas Health Science Center at San Antonio
Clinical Pharmacist, San Antonio State Hospital
- 7:45-9:15 Psychotropic Update
Stephen R. Saklad, Pharm.D., BCPP
Objective:
 - Describe the pharmacology, adverse events, drug interactions, therapeutic uses and dosing of selected psychiatric drugs recently marketed as well as drugs approaching the market.
- 9:15-10:15 Adverse Drug Reaction (ADR) Tools in Practice
John E. Kalachnik, M.Ed.
Director of Integrated Services
Woodward Resource Center
Iowa Department of Human Services
Objectives:
 - Identify reasons why potential medication related side effects are under-reported.
 - Explain the importance of adverse effects monitoring in persons who cannot self-report.
 - Describe different monitoring tools available for this caregiver monitoring.
- 10:15-10:30 Refreshment break
- 10:30-11:30 The Criminalization of Mental Illness: Addressing Mental Health Needs in the Correctional Setting
Jerry McKee, Pharm.D., M.S., BCPP
Pharmacy Clinical Practice Specialist-Psychiatry
UTMB Correctional Managed Care Pharmacy Services
Objectives:
 - Explain setting specific issues, which must be considered in the diagnosis and treatment of psychopathology in the correctional environment.
 - Explain the reasons for the shift in the population of severely mentally ill from state hospitals to the correctional setting.
 - Identify problems/issues associated with suicide prevention in the corrections setting.
 - Describe data correlating major psychopathology with repeat incarceration risk.
- 11:30-12:30 Neurobiology Update
Pedro L. Delgado, M.D.
Professor and Dielmann Distinguished Chair in Psychiatry
Associate Dean for Faculty Development and Professionalism
The University of Texas Health Science Center San Antonio
Objective:
 - Cite how new findings in neurobiology will impact patient care and when the findings will translate into treatment guidelines.
- 12:30-1:25 Lunch
- 1:25-2:55 Clinical Pearls and Important Counseling Tips
Lisa Mican, Pharm.D., BCPP

Assistant Director of Pharmacy, Austin Sate Hospital
Clinical Assistant Professor
The University of Texas at Austin College of Pharmacy
Adjunct Assistant Professor, Texas A&M HSC Rangel College of Pharmacy
Objectives:

- Identify possible barriers when providing medication counseling.
- Understand the magnitude of psychotropic medication nonadherence.
- Cite important counseling tips when dispensing psychotropic medications.
- Identify resources for patient education.

2:55-3:10

Beverage break

3:10-4:40

The State of Medications Development in Alcohol and Drug Addiction

John D. Roche, Ph.D.

Professor and Deputy Chair for Research

Department of Psychiatry

The University of Health Science Center at San Antonio

Objectives:

- List medications approved by the FDA for use in the treatment for alcohol and opiate dependence and discuss their limitations.
- Define new research directions in the treatment for alcohol dependence.
- Discuss new insights regarding genetic and biological subgroups and subtypes of alcoholic patients who may respond differently to different medication treatments.
- Describe the new directions and hope for medications useful for the treatment of cocaine and methamphetamine dependence.

4:40-5:40

The Joint Commission: A Focus on Psychiatric Implications

Jaunice Middleton Colwell, Pharm.D., R.Ph.

Director of Pharmacy

The Menninger Clinic

Objectives:

- Identify actions or approaches providers need to take if a patient is discharged on two or more antipsychotics.
- Cite a pharmacist's role in medication reconciliations.

Friday, October 9, 2010

7:00-7:30 AM

Continental Breakfast

7:30-7:40

Morning Announcements

7:40-9:10

Behavioral Health: Beyond the War Zone

Alan L. Peterson, Ph.D., ABPP

Professor, Department of Psychiatry

Chief, Division of Behavioral Medicine

Director, STRONG STAR Multidisciplinary PTSD Research Consortium

Deputy Chair for Military Collaboration

The University of Texas Health Science Center at San Antonio

Objectives:

- Cite common trauma exposure risk factors for military personnel deployed to Iraq and Afghanistan.
- Outline at least three evidence-based treatments for PTSD.
- Describe the similarities and differences between Prolonged Exposure and Cognitive Processing Therapy for the treatment of PTSD.

- 9:10-10:10 Managing and Avoiding Delirium in the Psychiatric Setting
 Ryan Carnahan, Pharm.D. M.S., BCPP
 Assistant Professor (Clinical)
 Department of Epidemiology
 The University of Iowa College of Public Health
 Assistant Director
 Iowa Older Adults Center for Education and Research on Therapeutics
Objectives:
- Identify delirium, risk factors, and contributing causes.
 - Compare and contrast symptoms of delirium with symptoms of dementia.
 - Discuss common clinical tools to screen for delirium.
 - Describe management strategies for delirium.
 - Discuss delirium prevention strategies in high risk populations.
- 10:10-10:25 Refreshment break
- 10:25-11:55 Treatment Resistant Depression: An Evidence Based Approach
 Madhukar H. Trivedi, M.D.
 Professor of Psychiatry
 UT Southwestern Medical Center
Objectives:
- Recognize the definitions and clinical challenges of managing treatment-resistant depression.
 - Compare the pharmacologic agents that have shown to be efficacious in treatment-resistant depression.
 - Outline the recent advances in non-pharmacologic strategies to manage treatment-resistant depression.
- 11:55-12:15 Box lunch pick up
- 12:15-1:45 Polypharmacy/Treatment Resistant Schizophrenia
 Troy A. Moore, Pharm.D., M.S. Pharm., BCPP
 Assistant Professor
 Division of Schizophrenia and Related Disorders
 The University of Texas Health Science Center at San Antonio
Objectives:
- Identify evidence-based approaches in the management of treatment-resistant schizophrenia (TRS).
 - Identify the evidence for clozapine augmentation.
 - Cite evidence for the use of high dose atypical antipsychotics.
 - Cite the role of polypharmacy in the treatment of schizophrenia.
 - Review the recent PORT and NICE guideline recommendations as they relate to the management of TRS patients.
- 1:45-2:45 Folk Pharmacotherapy in the Latino Community
 Roberto L. Jimenez, M.D., FAPA
 Clinical Professor of Psychiatry
 The University of Texas Health Science Center at San Antonio
Objectives:
- Critically discuss well-documented common remedies and pharmacopia used by indigenous healers in the Latin community.
 - Cite the options for integrating well established traditional approaches to the healing of psychiatric disorders with evidence based psychotherapy and pharmacotherapy.



The University of Texas at Austin College of Pharmacy is accredited by the American Council on Pharmacy Education as a provider of continuing pharmacy education. This program is accredited for a maximum of 1.5 CEUs (15 contact hours) of continuing education credit. All pharmacy participants must attend the accredited session(s), complete a Record of Attendance/Program Evaluation/Assessment Form in order to receive continuing education credit. With successful completion of the program, statements of credit will be mailed directly to participants by the University of Texas within 6-8 weeks of the program. The ACPE Universal Program Numbers are listed in order of their offering during the seminar:

067-000-10-039-L01-P (0.15 CEUs)
067-000-10-040-L04-P (0.1 CEU)
067-000-10-041-L04-P (0.1 CEU)
067-000-10-042-L01-P (0.1 CEU)
067-000-10-043-L01-P (0.15 CEUs)
067-000-10-044-L01-P (0.15 CEUs)
067-000-10-045-L04-P (0.1 CEU)
067-000-10-046-L01-P (0.15 CEUs)
067-000-10-047-L01-P (0.1 CEU)
067-000-10-048-L01-P (0.15 CEUs)
067-000-10-049-L01-P (0.1 CEU)
067-000-10-050-L04-P (0.15 CEUs)

CME FOR PHYSICIANS

AMA PRA Category 1 Credits have been applied for. Physicians should only claim credit commensurate with the extent of their participation in the activity. Please check www.utexas.edu/pharmacy/ce for the formal CME statement and final hours designation once the credit has been granted.

CNE FOR NURSES

The UTHSCSA School of Nursing is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This activity meets Type I criteria for mandatory continuing education requirements toward relicensure as established by the Board of Nurse Examiners for the State of Texas. This activity provides up to ____ Nursing Contact hours.

Display of commercial products in conjunction with Nursing Continuing Education activities does not imply American Nurses Credentialing Center (ANCC) Commission on Accreditation or Texas Nurses Association (TNA) or The University of Texas Health Science Center at San Antonio School of Nursing, Nursing Continuing Education approval or endorsement of these products.

LOCATION/LODGING/PARKING

Austin Marriott South
4415 South IH-35
Austin, TX 78744
512.441.7900

A block of rooms has been reserved at the Marriott Austin South Airport (\$119/single or double occupancy) for arrival on Wednesday, October 6 and departure on Friday, October 8. **The rates will be available until 09/15/10, based on availability.** Please reference UT College of Pharmacy 22nd Psychiatric Pharmacotherapy Update when making your reservation to obtain the special rate. Complimentary parking is available in the hotel's underground garage as well as the hotel's surface lot.

COURSE FEES

Early registration through September 15:

(Pharmacists, physicians, nurses)

- full conference: \$305 • one-day: \$205

(Residents, graduate students, UT preceptors)

- full conference: \$175 • one-day: \$175

Late Registration after September 15:

(Pharmacists, physicians, nurses)

- full conference: \$325 • one-day: \$225

(Residents, graduate students, UT preceptors)

- full conference: \$295 • one-day: \$195

Please see registration form for late registration rates.

Registration includes breakfast, lunch and breaks on Friday and Saturday, all conference materials, and CE credit.

REGISTRATION FORM

22nd annual Psychiatric Pharmacotherapy Update • October 7-8, 2010

(Note: The address you give below is the address where your statement of continuing education credit will be mailed following the seminar.)

Name _____ E-mail _____
 Address _____ City _____ State _____ Zip _____

Telephone (W) _____ (H) _____

Regular Registration before

Circle One:) R.Ph. / Pharm.D. / M.D. / R.N. / Other

Two-day Registration Fee \$ _____

One-day Registration Fee \$ _____

Late \$ 2-day Registration Fee Enclosed (\$ after) \$ 1-day Registration Fee Enclosed

Post-doc/Resident / Graduate Student / UT Pharmacy Preceptor (Circle one)

(\$ after) Post-doc/Resident / Graduate Student / UT Pharmacy Preceptor (Circle one)

Pharmacists only:

I cannot attend the seminar. Please send me the home-study audio CD collection and program handouts to earn 15 hours of Pharmacy CE from home at a cost of \$. (Available for mail out in mid-December.)

The home-study course is not accredited for nursing or physician continuing education.)

TOTAL:

Charge registration fee to my: Visa Master Card Discover American Express

Name as it appears on card:

Account No. _____ Expiration date _____

CVV2 security No. (last 3 digits in the signature bar on the back of your credit card)

Registration Questions: Contact _____ at _____

Make check payable to:

THE UNIVERSITY OF TEXAS

Mail registration form and check to:

The University of Texas at Austin

Pharmacy Continuing Education

1 University Station A1904

Austin, TX 78712-0123

OR Fax registration form with credit card information to:

512.475.9739

Telephone: 512.471.6213

REFUND POLICY

A refund of \$_____ will be made if Pharmacy Continuing Education receives notification by _____ of your inability to attend the conference.

CONFERENCE COMMITTEE

Jennifer Bosworth, Pharm.D.

Coordinator

UT Pharmacy Continuing Education

Angela Hughes Campbell, Pharm.D., M.S., BCPP

Clinical Psychiatric Pharmacist

Austin State Hospital

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Kristin W. Wilson, R.Ph.
Director, Pharmacy Continuing Education
UT College of Pharmacy

CONFERENCE SUPPORT

The following companies have financially supported this conference through educational grants:
Pfizer Inc.

AT YOUR LEISURE

There are no planned activities in conjunction with the conference on Thursday evening, but rather an informal networking gathering in the hotel lounge will be encouraged. In your free time,

you may also wish to visit some of Austin's attractions. We have provided the below website for your convenience.

Restaurants and other activities:
<http://austin.citysearch.com>

ATTENTION PHARMACISTS

Demonstrate your specialized knowledge and skills....validate your advanced training and experience.....achieve increased recognition from your employer and colleagues....
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Dates of Upcoming Examinations:

Please contact BPS for the next available examination date that fits your needs.

Designated Examination sites:

Visit www.bpsweb.org for a complete listing of test sites and procedures for requesting an alternate site.

BPS Contact Information:

Board of Pharmaceutical Specialties
2215 Constitution Avenue, NW
Washington, DC 20037-2985
202/429-7591 (phone)
202/429-6304 (fax)
bps@aphanet.org (e-mail)
www.bpsweb.org (website)

NOTICE CONCERNING YOUR INFORMATION

The Texas Public Information Act, with a few exceptions, gives you the right to be informed about the information that The University of Texas at Austin collects about you. It also gives you the right to request a copy of that information and to have the University correct any of that information that is wrong. You may request to receive and review any of that information, or request corrections to it by contacting the University's Public Information Officer, Office of Financial Affairs, P.O. Box 8179, Austin, TX 78713. (email: cfo@www.utexas.edu)

SPECIAL ASSISTANCE

It is the policy of the University of Texas to comply with the American with Disabilities Act. If special arrangements are necessary for an individuals with a disability to attend this program, please contact Vickie Westlund at 512-471-6213 at least one week prior to the conference.

CONTACT US

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