



College of Mental Health Pharmacy

Incorporating UK Psychiatric Pharmacy Group

The CMHP exists to ensure best treatment with medicines for people with mental health needs and their carers through help and support by psychiatric pharmacy in improving pharmaceutical care. This is being achieved by developing educational facilities and accreditation for pharmacists, providing support through local and national resources and a network of support for psychiatric pharmacy including a mentorship programme, regular organised training, bulletins, newsletter, email group and website. Promoting the profile of the specialty of psychiatric pharmacy is also an essential feature of the CMHPs work.

#### The CMHP believes that:

- Appropriate therapy with medicines helps treat mental health problems, minimises relapse and reduces suicide.
- The aim of the mental health pharmacy team is the safety of patients, by making sure that only those people who need medicines receive them and at the optimum dose.
- All mental health service users should have the support of, and access to, independent education and advice about medicines, preferably from a specialist mental health pharmacy team.

## Premium Partners

(in alphabetical order):



## Exhibitors

(in alphabetical order) To be confirmed

## Partner organisations

(in alphabetical order) To be confirmed

Companies wishing to take part in the Medical Exhibition please contact:

Graham Newton,  
Principal Clinical Pharmacist -  
Mental Health Services  
Pharmacy Department  
North Cheshire Hospitals NHS Trust  
Halton General Hospital  
Hospital Way  
Runcorn  
Cheshire  
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### Conference Organiser

Denny Humphries,  
UKPPG Pharmacy Conference,  
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Wallasey CH45 3JJ

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Email: denny.humphries@virgin.net

The CMHP thanks all our sponsors and exhibitors and all those involved in the plenary and workshop sessions for supporting the Annual Psychiatric Pharmacy Conference.

Please complete and return feedback forms.  
CPD Verification available from any CMHP Council member.



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The largest psychiatric pharmacy group in the world  
“Promoting better pharmaceutical care for people  
with mental health needs”

## Annual Psychiatric Pharmacy Conference Programme

Friday - Sunday 22 - 24th October 2010

Hinckley Island Hotel, Hinckley, Leicestershire  
A5, Watling Street Hinckley Leicestershire  
LE10 3JA United Kingdom  
Tel: 01455 631122



## Friday 22 October

- 10.30 onwards Delegates Registration & Posters Displayed
- 10.45-11.30 Satellite Symposium: tbc
- 11.00 Medical Exhibition Opens (London Suite)
- 12.00-12.45 Satellite Symposium: tbc
- 11.30-12.45 Lunch
- Afternoon Plenary Session (Paris Suite)
- 12.45 Welcome and introductions: Stephen Guy, President of the CMHP
- 13.00-14.00 Keynote Speaker Comparing Harm- Illicit Drugs; Professor David Nutt, Imperial College, London.
- 14.00-14.30 Afternoon Tea, Medical Exhibition and Poster Exhibition
- 14.30-17.00 **Parallel Sessions: Joint Symposium with British Association of Psychopharmacology**
- Clinical Dilemmas (Paris Suite)**  
*Chair Professor David Nutt, Imperial College, London.*
- 14.30-15.10 The Effects of Cigarette Smoking on Cognitive Function in Schizophrenia; Dr Ruth Barr, Consultant Psychiatrist Belfast Health & social Care Trust
- 15.15-16.00 Are antidepressants better than placebo? (tbc)
- 16.00-16.45 Bipolar depression: controversies in diagnosis and treatment; Dr Daniel J Smith, University Hospital of Wales
- 16.45-17.00 Summary and Round up.
- Beyond the Drugs (Lakeside Suite)**  
*Chair; Dr Gavin Reynolds, Queen's University Belfast,*
- 14.30-15.10 Cognitive impairment in Schizophrenia; Dr Richard Drake, Senior Lecturer University of Manchester
- 15.15-16.00 The BALANCE study implications for Practice; Professor Guy Goodwin, University of Oxford
- 16.00-16.45 Neurobiology of Depression; Dr Morgan Haldane, Consultant Psychiatrist, Institute of Psychiatry, London
- 16.45-17.00 Summary and Round up.
- 17.15-18.00 Satellite Symposium: tbc
- Evening**
- 17.00-18.00 Medical Exhibition and Poster viewing
- 18.30-19.30 Dinner
- 19.45 AGM for CMHP (Executive Suite) followed by
- 21.00 Impromptu Musical Extravaganza (Executive Suite)

## Saturday 23 October

- 8.00-9.00 Breakfast Symposium: tbc
- Morning Plenary Session (Paris Suite)
- Developments in Practice
- Chair: Jonathan Mason National Clinical Director for Primary Care and Community Pharmacy, Department of Health
- 9.00-09.40 A Look over the Horizon; Dr Catherine Duggan, Programme Director, Advanced Pharmacy Practice Programme
- 09.40-10.45 Pharmacist and technician presentations of research work and activities
- 10.45-11.15 Coffee and medical exhibition
- Expanding the Medicines Management Skill Mix
- 11.15-11.45 Organisational cultures that enable innovation: a focus on hospital pharmacy; Sangeeta Bassi, Central Nottinghamshire Healthcare NHS Trust
- 11.45-12.15 Electronic Prescribing; Anthony Oxley, Pharmacy Services Manager, Leicestershire Partnership NHS Trust
- 12.15-12.45 Prescribing in Substance Misuse; Graham Parsons, Plymouth Teaching Primary Care Trust
- 12.45 Summing up and Housekeeping; Stephen Guy President of the CMHP
- 13.00-14.00 Lunch
- 13.45 Satellite Symposia: tbc
- Afternoon Parallel Sessions from 14.30-16.30
- 15.15-15.45 Refreshment Break for Marketplace, Workshops and Medical Exhibition
- Market Place (Paris Suite) 14.30-16.30
  - Workshops 14.30-15.15 OR 15.45-16.30
  - Medical Exhibition 14.30 to 16.30
- Booking REQUIRED for the workshops. Limited Availability.

### Market Place (Paris Suite)

Best described as "Speed dating at work"! The whole afternoon will be round-table discussions. This will be around 15 tables, each with a leader and a topic. You will be able to choose a table, have 15 minutes on a topic, then move to another table, allowing up to about 5-6 short sessions of your choice. Potential topic leaders are warmly invited to contact the committee with ideas for this year. No booking for these sessions is necessary, just relax and pick a few tables of your choice.

*Topics are to be confirmed but may include:*

*Everything you want to know about preparing your CMHP Portfolio*

*Self administration of medication on in inpatient mental health ward*

*National Dementia Strategy*

*Clozapine clinic - seamless care for outpatients*

*Clinical trials and pharmacy- a rough guide*

*Using technology to enhance patient experience*

## Sunday 24 October

- 9.00-9.30 Morning Worship led by Alan Pollard
- Plenary Session (Paris Suite)
- Current Issues in Mental Health
- Chair: Dr Sue Ambler; Programme Director Modernising Pharmacy Careers Programme, Department of Health.
- 9.30-10.15 The Brett Hill Memorial Lecture – Jacqui Dillon, Chair, UK Hearing Voices network
- 10.15-11.00 Recovery – a Service Users Perspective; Patricia Stoll, Training Coordinator; Clued-In / Imagine
- 11.00-11.30 Morning refreshments
- 11.30-12.15 Daring to Choose; Emer O'Neill, Chief Executive Depression Alliance,
- 12.15- 12.45 Getting What you Need/Being Noticed?; Neil Patel
- 12.45 Conference Summary and Farewell; Stephen Guy
- 13.00 Departure

**As well as the usual, there will be poster sessions (and for advice about posters see our website [www.ukppg.org.uk](http://www.ukppg.org.uk)) medical exhibition, pharmacist oral presentations, prizes, surprise events, CMHP AGM, Conference dinner, band, dancing, disco and much, much more, as ever. We should have almost exclusive use of the conference centre, including swimming pool and gym, over the weekend.**

*"Outsourcing Pharmacy Supply to the Private Sector" - Lessons Learned.*

*Medicines reconciliation*

*Pharmacist led groups in specialised Inpatient alcohol detox*

*Choice and medication - how to use the website*

*Can 'One stop' work in mental health?*

*IM injections in mental health using MEDUSA*

• And Medical Exhibition (London Suite)

• And/or Workshops

Delegates pre-conference selection of the following workshops:

Diploma Presentations; Celia Feetam, University of Aston (tbc)

Therapeutic Drug Monitoring; Dr Bob Flanagan, Kings College Hospital, London

Choosing antipsychotics in practice; Dr Paul Deslandes, Whitchurch Hospital, Wales

Turning an Idea into Research; Dr Andrea Taylor, University of Bath

17.00-18.00 Exercise and Body Combat Class (Body Combat is a fun aerobic style class, non contact, like kick-boxing to music). No previous experience is needed and you pace yourself. £5. If you're interested, please contact Stephen Guy at [car.cobra@googlemail.com](mailto:car.cobra@googlemail.com). Places limited to 25, first come, first served but don't forget to pack your kit when coming to conference!

**Evening**

19.00 Drinks reception

19.30 Evening conference dinner (formal dress/black tie strongly encouraged i.e. let's keep the dinner something special!)

21.30ish Ceilidh followed by a disco.

