Opportunities to Engage

Welcome Reception – Get a taste of Salt Lake City and engage with your colleagues as you help kick off CPNP 2019 at the Sunday night reception.

Idea Exchange – Attendees will have extensive opportunities for peer-to-peer idea exchange at CPNP 2019. Hosted and led by CPNP Community and/or CPNP leaders, Idea Exchanges are scheduled throughout Monday and Tuesday allowing for participation in multiple discussions. Topics will be announced in early 2019.

#BeThe1To Save a Life – Plan to participate in the CPNP Foundation suicide prevention and action campaign, #BeThe1To Save a Life. Show your support by living the message, sharing the message with others, and purchasing the themed t-shirt to benefit NAMI and the CPNP Foundation.

And More! Take advantage of the 10+ hours of networking opportunities interwoven throughout CPNP 2019 to share information and solutions with colleagues.

Resident and Student Programming Tracks

Residents and students can take advantage of programming geared specifically to them. Residents will learn what it takes to start a new, successful service and how to navigate the transition to becoming practitioners. The resident community will also host a meeting on Sunday evening encouraging networking and collaboration. Students also have various customized opportunities at CPNP 2019, including an educational track, a student chapter meeting, and a social event. Both residents and students are encouraged to participate in CPNP Connect, a mentoring opportunity with CPNP members. Interested individuals should sign-up during the registration process.

Meeting Site and Reservations

The stately Grand America Hotel in Salt Lake City, Utah is the host site for CPNP 2019 which is conveniently located just one block from the nearest light rail station. Downtown Salt Lake City is included in the district’s free-fare zone allowing you to take the light rail to nearby shops, restaurants, and night spots at no cost. Room reservations can be made by phone at 1-800-437-5288 or online. Please see the destination page on the meeting website at cpnp.org/2019.

Room Rates*

<table>
<thead>
<tr>
<th>Category</th>
<th>Regular: $214/night + taxes &amp; fees</th>
<th>Government: Prevailing Federal Government Per Diem (limited number of rooms available)</th>
<th>Student: $179/night + taxes &amp; fees (limited number of rooms available)</th>
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<tbody>
<tr>
<td></td>
<td>Regular</td>
<td>Government Per Diem</td>
<td>Student</td>
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<tr>
<td>Room rates available</td>
<td>until 3/15/19</td>
<td>limited number of rooms available</td>
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<tr>
<td>Early Bird Registration Fees</td>
<td></td>
<td>Room rates available until 3/15/19 or until the room block is filled</td>
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|                       | Member $575                        | Non-member $810                                                                          |
| Pharmacist Full Registration | Fellow/Resident Full Registration $315 | Student Full Registration $215                                                            |
| Fellow/Resident Full Registration | $415                                    | $270                                                                                     |

*Room rates available until 3/15/19 or until the room block is filled.

Early Bird Registration Fees

(through 3/7/2019 – see cpnp.org/register)

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Single day and other registration options available online.

Take advantage of member pricing with a 6-month trial membership at cpnp.org/join

Registration to CPNP 2019 is available at cpnp.org/register
Suicide Prevention, Assessment, and Management Strategies for Pharmacy Professionals

Sunday, April 7 • 8:00–11:15 AM
Suicide is a complex, multifaceted, biological, sociological, psychological, and societal problem, with little training dedicated to prevention. According to recently released data from the CDC, suicide rates have increased 26% in reporting states since 1999, and there were nearly 45,000 lives lost to suicide in 2016. While people who die by suicide often have varying clinical presentations and precipitates, often clinicians have the opportunity to provide effective interventions for suicide by addressing mental health and mitigating risk factors such as substance abuse.

In this pre-meeting workshop, participants will learn hands-on suicide risk assessment and prevention techniques, including helpful risk mitigation strategies and appropriate documentation. Advanced clinical cases will be presented, and participants will prepare an appropriate treatment plan for a patient who has a history of suicidal ideation by utilizing suicide assessment risk scales and assessing a patient’s suicide risk level. Participants will also have the opportunity to discuss challenges they see in their own practice settings with regard to suicide risk assessment and prevention and will learn evidence-based practices to help prevent suicide. From this workshop, attendees will be able to:

- Discuss the epidemiology of suicide.
- Identify warning signs and risk and protective factors.
- Employ interviewing strategies for assessing the risk of patients with suicidal ideation and behaviors.
- Utilize commonly used suicide risk assessment tools and rating scales used in various patient care settings.
- Assess and document suicide risk for a patient taking into account static risk, dynamic risk, protective factors, and disorder.
- Evaluate patient’s needs and appropriate treatment plan.
- Understand the resources available for reducing suicide risk.

**Workshop Facilitators**

Rosana Oliveira, PharmD, BCPS, BCPP
Mental Health Clinical Pharmacy Specialist, South Texas Veterans Health Care System, San Antonio, TX

Brandy Singer, PharmD, BCPP
Clinical Pharmacist, Eastern State Hospital, Spokane, WA

**Registration Fee**

Trainees: $99 (early), $139 (late)
Non-Trainees: $120 (early), $160 (late)

**Mental Health First Aid**

Saturday, April 6 • 8:00–6:00 PM & Sunday, April 7 • 8:00–11:15 AM

**Funding**

Mental Health First Aid, a national anti-stigma program, is offered in partnership with the Mental Health First Aid USA. The program provides attendees with the skills to recognize mental illness and substance use disorders, identify warning signs, and intervene early in individuals’ trajectories to improve lives.

**Registration Fee**

The registration fee includes 3.0 contact hours of ACPE credit, learning materials, interactive/practical application experiences, and break services. Early registration rates end 3/7/19.

Trainees: $99 (early), $139 (late) • Non-Trainees: $120 (early), $160 (late)

**Moderating Organizers**

Carole Warshaw, MD, South Texas Veterans Health Care System, San Antonio, TX

**Facilitators**

Brandy Singer, PharmD, BCPP
Clinical Pharmacist, Eastern State Hospital, Spokane, WA

Overcoming Implicit Bias in Health Care

Monday, April 8 • 8:30–9:30 AM

Join Dr. Quinn Capers, IV MD, FACC, as he discusses implicit bias and the impact bias has on patient care. Implicit bias refers to unconscious associations that are not always negative, but that occur outside of our awareness and conscious control. While occurring outside of our awareness, they can influence behavior. Thus, well-intentioned people can unknowingly behave in discriminatory ways. Implicit biases have been shown to be associated with discrimination in the education, criminal justice, and health care systems. Dr. Capers will explore all of these systems, the genesis of our biases, and the impact of these biases, especially in health care. Finally, he will discuss strategies to reduce implicit bias.

**Early Psychotherapy Treatment: How Did We Get Here and Where Are We Going?**

Monday, April 8 • 9:30-10:30 AM

Lisa B. Dixon, MD, MD, discusses the evolution of psychotherapy treatment in this keynote address. Schizophrenia is associated with significant morbidity and mortality, with a high degree of disability. The body of research suggests that shorter duration of untreated psychosis (DUP) and the delivery of team-based multi-element, multi-disciplinary care, called coordinated specialty care (CSC), are each associated with better outcomes. This session will discuss strategies to reduce DUP and will present components of coordinated specialty care including antipsychotic treatment. Additionally, the session will discuss the duration of CSC programs and what happens after CSC treatment ends. This program will ensure psychiatric providers understand the current state of literature for first episode psychosis population in terms of early detection, engagement, treatment, and unmet needs.

**Establishing Moderators and Biosignatures of Antidepressant Response for Clinical Care (EMBARC) of Depression**

Tuesday, April 9 • 8:30-9:30 AM

With proper risk ratings and unpredictable antidepressant responses, identification of treatment response markers can have a significant impact on the personalized care of depression. The Establishing Moderators and Biosignatures of Antidepressant Response for Clinical Care (EMBARC) trial led by Mudhakur H. Trivedi, MD, seeks to improve upon the existing limitations of antidepressant treatment. In this session, Mudhakur H. Trivedi will review the premise of the EMBARC trial, discuss results thus far, and provide participants with an understanding of the future of personalized medicine in the treatment of depression.

**Concurrent Sessions**

Advancing Psychiatric-Pharmacy Practice Services Through Health System Partnerships

Emerging Medications for Spinal Cord Injury (SCI)

Interprofessional Training in Mental Health Care

Jennifer Bean, PharmD, BCPP, BSRNP, Associate Professor of Pharmacy Practice, School of Pharmacy and Pharmaceutical Sciences, University of South Carolina, Columbia, SC

Kari Franzen, PharmD, BCPP, Associate Professor of Pharmacy Practice, University of Colorado, Denver, CO

Sharon Blumenauer, MD, PhD, Executive Director, American Public Health Association, Washington, DC

Emily Stevens, PharmD, BCPS, BCACP, Assistant Professor of Pharmacy Practice, Virginia Commonwealth University, Richmond, VA

Stephen Solbiati, PharmD, BCPP, College Professor and Director of Psychiatric Pharmacy Program, The University of Texas at Austin, Austin, TX

Steven Chase, PharmD, FASHFPhA, Associate Director for Clinical Affairs, School of Pharmacy, St. Louis College of Pharmacy, St. Louis, MO

Troy Moors, PharmD, BCPP, Clinical Psychiatric Pharmacy Specialist, VA Eastern Colorado Health Care System, Denver, CO

Ryan H. Usatine, MD, Assistant Professor, Department of Dermatology, University of New Mexico School of Medicine, Albuquerque, NM

John Maciver, MD, Director and Clinical Pharmacist, VA Eastern Colorado Health Care System, Denver, CO

Michael O. Measom, MD, Medical Director, Center for Human Performance, Nova Southeastern University, Davie, FL

**Conversations**

The Role of the Pharmacist in Managing Sexual Dysfunction

Gaining Demand in Bipolar Disorder (BD) and Migraine

Health Concerns and Treatment Options for the Transgender and Gender Diverse Community

Treating Cognitive Impairment and Depression after Stroke: What is the Evidence?

Clinical Considerations in Caregivers

The Epidemics of Spinal Cord Injury

**ACPE Recertification Sessions**

Sexual Dysfunction Recertification

Gaining Demand in Bipolar Disorder (BD) and Migraine Recertification

Health Concerns and Treatment Options for the Transgender and Gender Diverse Community Recertification

Treating Cognitive Impairment and Depression after Stroke: What is the Evidence? Recertification

Clinical Considerations in Caregivers Recertification

The Epidemics of Spinal Cord Injury Recertification

**BCP/BP**

BCP/BP/P

**CPNP 2019 AT A GLANCE**

**PRE-MEETING WORKSHOP**

Suicide Prevention, Assessment, and Management Strategies for Pharmacy Professionals

Sunday, April 7 • 8:00–11:15 AM

Visit cpnp.org/2019 for additional information and registration