There has been significant growth in the use of pharmacogenomics (PGx) testing applied to teach participants how to help someone who is developing a mental health problem or crisis. Mental Health First Aid is a nationally-recognized, 8-hour certificate program developed to move you forward on your journey from top individual contributor to leader of people, work, and organizations, and associations. This workshop will be offered Saturday, April 25, 8:30 AM - 11:15 AM and a full Annual Meeting registration at the same time.

*$75 coupon offered and applied at check-out when you purchase this pre-meeting workshop and a Full Annual Meeting registration at the same time.

This Pharmacy Leadership workshop is intended to focus on skill development to move you forward on your journey from top individual contributor to leader of people, organizations, and associations. This workshop will be offered Saturday, April 25, 8:30 AM - 6:00 PM, and it includes numerous pre-meeting leadership self-assessments and a 1 hour post-event activity reinforcing the leadership goals you set for yourself during the live activity. Along with numerous opportunities for peer-to-peer dialogue, topics include self-assessment analysis, leadership styles, goal setting, leading through change in psychiatric pharmacy, and CPNP leader reflections. This activity is partially supported by a generous educational grant from the CPNP Foundation allowing for reduced registration rates.

Mental Health First Aid is a nationally-recognized, 8-hour certificate program developed to teach participants how to help someone who is developing a mental health problem or crisis. The evidence behind the program demonstrates that it helps trainees identify, understand and respond to signs of mental illness, substance use disorders, and suicide intent. The workshop will be offered over two half days and is supported by the CPNP Foundation.

There have been many changes to metabolic disorder treatments and new antipsychotics have become available. While the disease states comprising metabolic disorder may each have relevant guidelines, it is important to understand how to treat these issues in the context of mental illness. Health care providers should also be aware of the risks of metabolic syndrome associated with various antipsychotic medications. Further, given the variety of treatments studied to attenuate the metabolic effects of antipsychotics, this presentation will review available literature to select the most appropriate evidence-based treatment.

Biomarker Profiling and Novel Pharmacologics for Psychosis
Tuesday, April 28 • 8:45 AM
Carol A. Tamminga, MD, Professor & Chair, University of Texas Southwestern Medical Center, Dallas, TX

Dr. Tamminga will report data from the “Bipolar-Schizophrenia Network for Intermediate Phenotypes” (B-SNIFF), started to test conventional psychiatric diagnoses for similarities in biological characteristics using brain imaging, electrophysiological, ocularmotor, and cognitive characteristics. From these data, certain biomarkers were identified which varied with specific psychiatric disorders have been found. This has resulted in a re-clustering of individuals with psychosis based on biomarkers and the discovery of previously uncorrelated system of biomarkers. Participants will learn about the implications of these measures for psychosis research, treatment, and diagnosis.

Violence and Mental Health Tuesday, April 28 • 10:00 AM
Jeffrey Swanson, PhD, Professor in Psychiatry and Behavioral Sciences, Duke University School of Medicine, Durham, NC

As reports of increasingly frequent mass-casualty shootings in America fill the news, calls to “fix the mental health system” collide in the public square with proposals to move you forward on your journey from top individual contributor to leader of people, work, and organizations, and associations. This workshop will be offered Saturday, April 25, 8:30 AM - 11:15 AM and a full Annual Meeting registration at the same time.

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As reports of increasingly frequent mass-casualty shootings in America fill the news, calls to “fix the mental health system” collide in the public square with proposals to expand and enforce restrictive gun laws. In this lecture, Professor Jeffrey Swanson will describe the contours of violence in America from a public health perspective, placing our country’s problem in context with international comparisons. He will describe scientific evidence for how violence and mental illness are related, and not related; the limited accuracy of clinical predictions of violence; and the effectiveness of treatment to manage violence risk. He will describe expert consensus-based policy recommendations for reducing gun violence, including Extreme Risk Protection Order laws that are being widely adopted as a piece in the policy puzzle of gun violence and suicide prevention.
Opportunities to Engage

Welcome Reception – Get a taste of Dallas and engage with your colleagues as you help kick off CPNP 2020 at the Sunday night reception.

CPNP Connect – CPNP 2020 attendees have an opportunity to mentor students, residents, and new practitioners one-on-one. Indicate your interest during the registration process.

Idea Exchange – Attendees will have extensive opportunities for peer-to-peer idea exchange at CPNP 2020. Hosted and led by CPNP Community and/or CPNP leaders, Idea Exchanges will take place on Monday and Tuesday allowing for participation in multiple discussions. Topics will be announced in early 2020.

#CPNPcares – Plan to participate in the CPNP Foundation’s “Why Care?” campaign by donating items for toiletry kits for Dallas homeless, purchasing a t-shirt that supports NAMI and the CPNP Foundation, and raising awareness for mental health and suicide prevention.

And More! Take advantage of 10+ hours of networking opportunities interwoven throughout CPNP 2020, to share information and solutions with colleagues.

Resident and Student Programming Tracks

Residents and students can take advantage of programming geared specifically to them. Residents will learn what it takes to start a new, successful service and how to navigate the transition to becoming new practitioners. The resident community will also host a meeting on Sunday evening allowing residents to network and collaborate. Students have various customized opportunities at CPNP, including an educational track, a student chapter meeting, and a social event.

Both residents and students are encouraged to participate in CPNP Connect, a mentoring opportunity with CPNP members. Interested individuals should sign-up during the registration process.

Meeting Site and Reservations

The Hyatt Regency Dallas in Dallas, Texas, is the host site for CPNP 2020, conveniently located just one block from the nearest light rail station. Room reservations can be made by phone at 214-651-1234 or online. Please see the Destination page online for more information: cpnp.org/2020.

Room Rates*

Regular: $209/night + taxes & fees
Student: $159/night + taxes & fees (limited number of rooms available at this rate)

*Room rates available until 4/1/20 or until the room block is filled

Early Bird Registration Fees

(through 3/26/2020 – see cpnp.org/register)

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<thead>
<tr>
<th></th>
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<th>Non-member</th>
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<tr>
<td>Pharmacist Full Registration</td>
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<td>$830</td>
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<td>Fellow/Resident Full Registration</td>
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<td>$460</td>
</tr>
<tr>
<td>Student Full Registration</td>
<td>$300</td>
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Single day and other registration options available online.

CPNP Annual Meetings are my absolute favorite pharmacy meetings! There is an outstanding balance of science, cutting-edge, and “soft skills” topics with excellent speakers.