44.7 million adults experience mental illness in a given year

$225 billion are spent on mental health annually

25% shortage of psychiatrists by 2025

75% of physicians find their jobs to be easier when the primary care team includes a clinical pharmacist. JPhA, 2017

12 to 1 Up to $12 cost reduction for every $1 invested in pharmacist-provided medication management services. USPHS, 2011

Psychiatric pharmacists add unique value

Part of the team, part of the treatment.
In collaboration with the health care team, patients, and caregivers, psychiatric pharmacists:

- PRESCRIBE* or recommend appropriate medications
- RESOLVE drug interactions
- EVALUATE responses and modify treatment
- SUPPORT medication adherence
- MANAGE medication adverse reactions
- PROVIDE medication education

*Prescriptive and practice authority varies by state and practice setting.

Expanding pharmacy education

6-8 YEARS Undergraduate and Doctor of Pharmacy Degrees
1 YEAR General Pharmacy Residency
1 YEAR Psychiatric Residency
CERTIFY by examination
Board Certified Psychiatric Pharmacist (BCPP)
(+ recertification every 7 years)

Common places of practice
Government supported hospitals or clinics (VA, Dept. of Defense, state)
Public, private, and academic hospitals
Outpatient mental health clinics
Outpatient primary care clinics
Prisons and correctional facilities

Types of medication-related problems resolved by pharmacists

- 30.9% Untreated condition
- 22.8% Inadequate dose
- 13.5% Poor adherence
- 12.6% Adverse reaction
- 8.8% Ineffective medication
- 5.8% Unnecessary medication

38% improvement in patient depression response rates when working with a psychiatric pharmacist. JPP, 2016

This information brought to you by the College of Psychiatric and Neurologic Pharmacists (CPNP), a professional association representing psychiatric pharmacists nationwide. Our members integrate into teams of health care professionals, making a difference in overall costs, treatment efficiencies, patient recovery and quality of life.

More information and references available at CPNP.org/392646.