KEY COMPONENTS OF EVERY PATIENT VISIT

GOLMEDDS

☐ Goals – Assess medication-related needs and help patient identify and set goals
☐ Obtain Medication Use - All medications including Rx, OTC, supplements
    (calcium, MVI), immunizations, allergies, adverse effects
☐ Lifestyle - alcohol, tobacco, caffeine, marijuana, exercise, adherence
☐ Measurement-based Care - Rating scales done on every patient – PHQ-15, MDQ,
    Altman, Sheehan, SPRINT, GAD, suicide risk assessment
☐ Education - Handouts given to the patient – info about disease state, therapy
    referrals. Every patient should be given a NAMI and MHA brochure; and MHC
    info as appropriate
☐ Data collection - Records release form signed to obtain labs and other helpful
    information, HIPPA form, release of info to send reports
☐ Document in Assurance, including lifestyle modification, drug therapy problems,
    and predicted cost impact
    ☐ Timely follow-up - Recommendations mailed within 1 week
☐ Schedule follow-up appointment at the end of the visit
☐ Consider developing a list of questions for the patient to discuss with their doctor
    ("action plan")